

HOW TO SELECT THE RIGHT BIKE...

GETTING STARTED

When purchasing a bicycle, sizing it correctly decreases the likelihood of an accident and improves a rider's overall comfort. However, sizing a bicycle for an adult requires different measurements than those required for a child. These tips will ensure individuals purchasing bicycles size themselves properly.

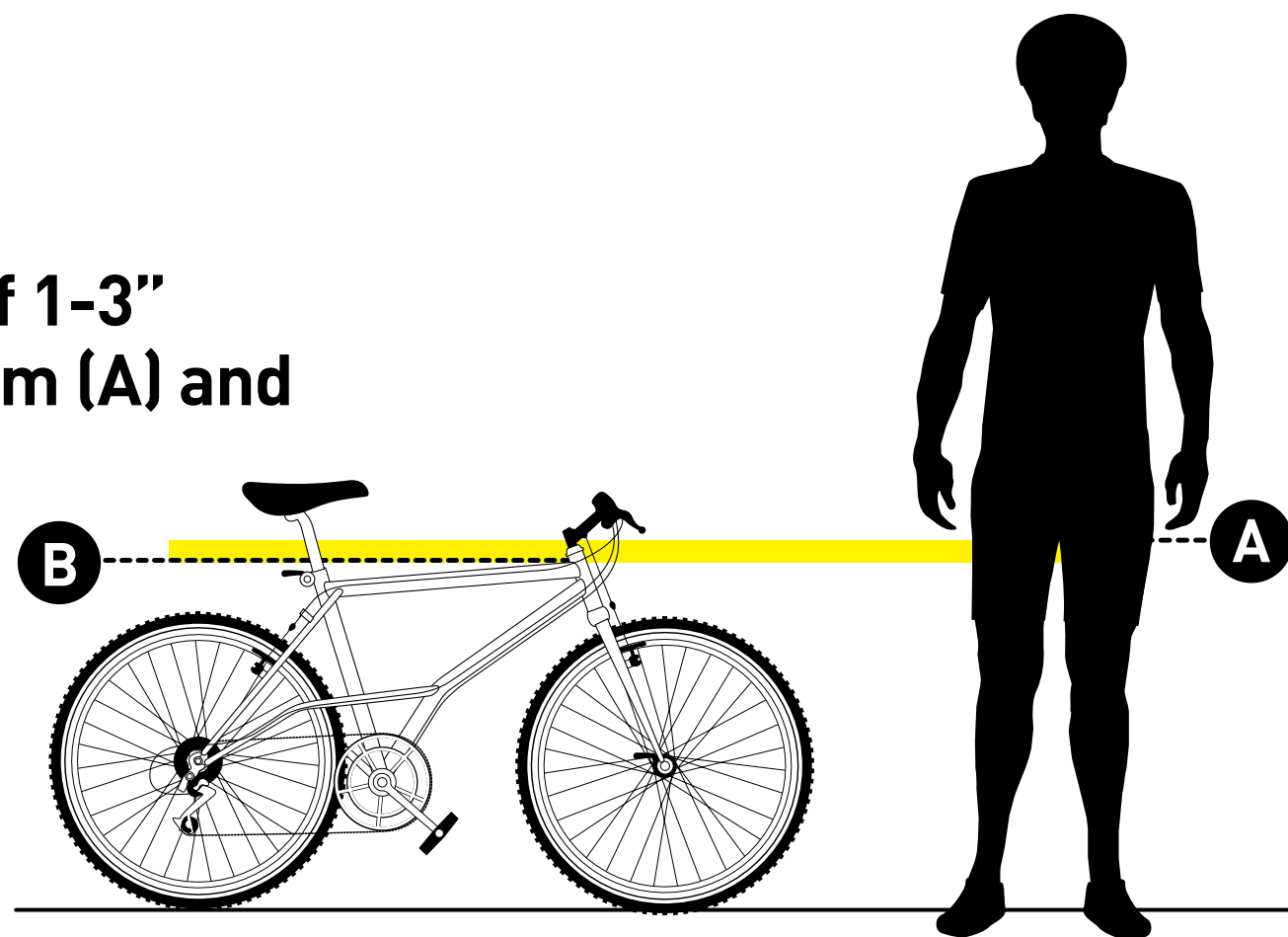


Before you begin your search, make sure you consider the following:

- Wear the same shoes you would wear for biking, so your real height is represented.
- Define how the bike will be used (on neighborhood streets, trails or inclines).
- Have a friend or family member come along to observe how the bikes fit each individual.

SIZING UP ADULTS

1. Stand flat footed on the floor.
2. Straddle the bicycle.
3. You should have a minimum of 1-3" clearance between your inseam (A) and the top tube (B) of the frame.



Sitting Test

- Raise or lower the seat to a comfortable level.
- At least 2" of the seat post should be hidden for seat stability.
- Adjust the crank to be perpendicular to the floor.
- Sit on the bike with a foot on the pedal closest to the floor.
- Do this near a wall or with someone to lend balance and support.
- There should be a slight bend in the knee, which is over the pedal closest to the floor.

SIZING UP KIDS

Kids use a different scale to size a bicycle, which takes growth into consideration. Since children change so quickly, bikes are designed to accommodate this seemingly overnight change. The rims of the bike tires serve as a good measurement for size.

Child's Height	Bicycle Size
28 - 38 inches	12-inch wheels
38 - 48 inches	16-inch wheels
48 - 60 inches	20-inch wheels



Sears

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